

Essays

For UPSC Civils

Exam

Books Content- With Page Numbers

Part No	Topic	Page Index
1	Part I: Philosophical Reflections on Life, Self, and Character	6
2	Part II: Society, Culture, and Justice	91
3	Part III: Governance, Power, and International Relations	171
4	Part IV: Science, Technology, and the Economy	245
5	Part V: Metaphorical and Proverbial Wisdom	361
	Total Pages (including Questions)	500 + Pages

17. Essays

Part	Essay No. & Essay Name
Part I: Philosophical Reflections on Life, Self, and Character	1. Life is long journey between human being and being humane.
	2. Mindful manifesto is the catalyst to a tranquil self.
	3. Your perception of me is a reflection of you; my reaction to you is an awareness of me.
	4. Philosophy of wantlessness is Utopian, while materialism is a chimera.
	5. The real is rational and the rational is real.
	6. A smile is the chosen vehicle for all ambiguities.
	7. Just because you have a choice, it does not mean that any of them has to be right.
	8. Not all who wander are lost.
	9. There is no path to happiness; Happiness is the path.
	10. The chains of habit are too light to be felt until they are too heavy to be broken.
	11. Courage is not the absence of fear, but the triumph over it.
	12. Our character is what we do when we think no one is looking.
	13. What we achieve inwardly will change outer reality.
	14. Our greatest glory is not in never falling, but in rising every time we fall.
	15. It is the moments of decision that shape our destiny.
	16. True freedom is not the absence of commitment, but the ability to choose.
	17. He who has a 'why' to live for can bear almost any 'how'.
	18. It is not the mountain we conquer, but ourselves.
	19. The crisis of our time is a crisis of consciousness.
	20. Compassion is the radicalism of our time.
	21. The loneliest moment in someone's life is when they are watching their whole world fall apart, and all they can do is stare blankly.
	22. A man is but the product of his thoughts. What he thinks, he becomes.
	23. The challenge of modernity is to live without illusions and without becoming disillusioned.
	24. The greatest discovery of all time is that a person can change his future by merely changing his attitude.
	25. We are not human beings having a spiritual experience. We are spiritual beings having a human experience.
	26. The best way to find yourself is to lose yourself in the service of others.

Part II: Society, Culture, and Justice	27. Culture is what we are, civilization is what we have.
	28. There can be no social justice without economic prosperity but economic prosperity without social justice is meaningless.
	29. Patriarchy is the least noticed yet the most significant structure of social inequality.
	30. Hand that rocks the cradle rules the world.
	31. Girls are weighed down by restrictions, boys with demands - two equally harmful disciplines.
	32. A society that has more justice is a society that needs less charity.
	33. Education is what remains after one has forgotten what one has learned in school.
	34. A nation's culture resides in the hearts and in the soul of its people.
	35. The arc of the moral universe is long, but it bends toward justice.
	36. A hungry stomach is not a good political adviser.
	37. A revolution that does not change the heart is no revolution at all.
	38. A tradition is a living thing, not a dead hand.
	39. We are becoming a society of spectacle, where appearance matters more than substance.
	40. The measure of a civilization is how it treats its weakest members.
	41. To be modern is not to be Western.
	42. The roots of education are bitter, but the fruit is sweet.
	43. The purpose of art is to wash the dust of daily life off our souls.
	44. The more a society drifts from the truth, the more it will hate those who speak it.
	45. Justice delayed is justice denied.
Part III: Governance, Power, and International Relations	46. Technology as the silent factor in international relations.
	47. Poets are the unacknowledged legislators of the world.
	48. Nearly all men can stand adversity, but to test the character, give him power.
	49. When the law is uncertain, the law is no more.
	50. The price of greatness is responsibility.
	51. Geopolitics is the new battlefield, and economics is its primary weapon.
	52. A bureaucracy that is not a master of the people must be a servant of the people.
	53. The quality of a democracy is measured by the freedom of its press.
	54. The only thing necessary for the triumph of evil is for good men to do nothing.

	55. The difference between a politician and a statesman is that a politician thinks of the next election while a statesman thinks of the next generation. ¹
	56. Our lives begin to end the day we become silent about things that matter.
Part IV: Science, Technology, and the Economy	57. The process of self-discovery has now been technologically outsourced.
	58. What is research, but a blind date with knowledge!
	59. Forests are the best case studies for economic excellence.
	60. Mathematics is the music of reason.
	61. Forests precede civilizations and deserts follow them.
	62. The empires of the future will be the empires of the mind.
	63. The doubter is a true man of science.
	64. Social media is triggering 'Fear of Missing Out' amongst the youth, precipitating depression and loneliness.
	65. In the age of information, wisdom is the scarcest commodity.
	66. The future of humanity will be determined not by the challenges we face, but by our response to them.
	67. The paradox of our time is that we have taller buildings, but shorter tempers.
	68. The world has enough for everyone's need, but not enough for everyone's greed.
	69. The digital age is a double-edged sword: it connects us and isolates us.
	70. Artificial Intelligence is not a threat to humanity, but human stupidity is.
	71. The health of our ecosystems is the foundation of our economies.
	72. An unexamined faith is not worth having.
	73. The pursuit of efficiency must not come at the cost of humanity.
	74. We do not inherit the earth from our ancestors; we borrow it from our children.
	75. The future belongs to those who believe in the beauty of their dreams.
	76. It has become appallingly obvious that our technology has exceeded our humanity.
	77. A lie can travel halfway around the world while the truth is putting on its shoes.
Part V: Metaphorical and Proverbial Wisdom	78. Ships do not sink because of water around them, ships sink because of water that gets into them.
	79. Simplicity is the ultimate sophistication.
	80. History repeats itself, first as a tragedy, second as a farce.
	81. There are better practices to "best practices".

	82. History is a series of victories won by the scientific man over the romantic man.
	83. A ship in harbour is safe, but that is not what ship is for.
	84. The time to repair the roof is when the sun is shining.
	85. You cannot step twice in the same river.
	86. Thinking is like a game, it does not begin unless there is an opposite team.
	87. Visionary decision-making happens at the intersection of intuition and logic.
	88. All ideas having large consequences are always simple.
	89. The cost of being wrong is less than the cost of doing nothing.
	90. Silence is an argument carried out by other means.
	91. In the midst of chaos, there is also opportunity.
	92. An eye for an eye only ends up making the whole world blind.
	93. The line between disorder and order lies in logistics.
	94. A map is not the territory it represents.
	95. Inspiration for creativity springs from the effort to look for the magical in the mundane.
	96. An argument is not a war; it is an exploration.
	97. The world is a book and those who do not travel read only one page.
	98. If you want to build a ship, don't drum up the men to gather wood, divide the work and give orders. Instead, teach them to yearn for the vast and endless sea.
	99. The empires of the future will be the empires of the mind.
	100. The cost of being wrong is less than the cost of doing nothing.
	101. Girls are weighed down by restrictions, boys with demands - two equally harmful disciplines.